

AI Readiness Self-Assessment

Where are you on the AI learning curve — and what's your next move?

This isn't a quiz about AI trivia. It's a practical assessment of how you're actually using AI in your work today — and where the biggest opportunities are. Answer honestly. There's no passing grade, only a clearer picture of where to focus next.

How to score: For each question, circle the number that best describes you right now. Add up your total at the end.

Getting Started

I have an AI tool (Claude, ChatGPT, etc.) set up and ready to use.

Not yet (0)	Signed up but rarely open it (1)	I use it occasionally (2)	It's part of my daily routine (3)
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I've customized my AI tool to match how I work (custom instructions, preferences, etc.).

Didn't know I could (0)	Haven't gotten to it (1)	Basic setup done (2)	Dialed in and regularly updated (3)
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I know what AI is good at and where it falls short.

Not really (0)	General sense (1)	I know from experience (2)	I have clear boundaries I follow (3)
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Daily Use

I use AI for writing tasks (emails, documents, summaries, etc.).

Never tried (0)	Tried a few times (1)	Regular use (2)	Can't imagine doing it without AI (3)
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I use AI for research, analysis, or decision-making support.

Never (0)	Occasionally (1)	Regularly with good results (2)	It's my research co-pilot (3)
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I verify AI output before using it.

I take it at face value (0)	Sometimes (1)	Usually (2)	Always — I have a system (3)
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Going Deeper

I can get Claude to produce something useful on the first or second try.

Rarely (0)	Sometimes (1)	Usually (2)	Almost always (3)
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I use AI for visual work — charts, diagrams, presentations, dashboards.

Never tried (0)	Aware it's possible (1)	Done it a few times (2)	Regular part of my workflow (3)
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I've used AI for something that surprised me — something I didn't think it could do.

Not yet (0)	Once or twice (1)	Several times (2)	I'm always pushing boundaries (3)
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Integration & Automation

AI is connected to my actual work tools (files, email, calendar, etc.).

No (0)	Heard about it (1)	Tried one integration (2)	Multiple tools connected (3)
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I have recurring tasks that AI handles automatically.

None (0)	Have ideas but haven't set them up (1)	One or two (2)	Several running regularly (3)
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I've built or helped build something with AI that others use.

No (0)	Working on it (1)	One small project (2)	Yes, and it's running (3)
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Mindset & Sustainability

I have a system for saving and reusing prompts that work.

No system (0)	I remember some (1)	Informal notes (2)	Organized library (3)
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I think about AI ethics and disclosure when using AI-assisted work.

Haven't considered it (0)	Vaguely aware (1)	I think about it (2)	I have clear personal guidelines (3)
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I could teach someone else how to use AI effectively.

Not yet (0)	The basics (1)	Confidently (2)	I already do (3)
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Your Score

Getting Started (Q1-3):	_____ / 9
Daily Use (Q4-6):	_____ / 9
Going Deeper (Q7-9):	_____ / 9
Integration & Automation (Q10-12):	_____ / 9
Mindset & Sustainability (Q13-15):	_____ / 9
TOTAL	_____ / 45

What Your Score Means

0 - 10: Explorer

You're at the beginning. That's not behind — that's potential. You have the most to gain from getting started the right way.

Your next move: Start with Chapters 1-3 of *Creating with Claude*. Get set up, build your first project, and learn to verify what you get back. Use the **Custom Instructions Builder** worksheet to configure Claude for your work.

11 - 20: Practitioner

You're using AI, but you haven't unlocked the deeper capabilities. You're doing with AI what you could do without it — just faster.

Your next move: Jump to Chapters 4-6. Deep Research, visual artifacts, and professional deliverables will change what you think AI can do. Use the **Prompt Library Starter Kit** to level up your prompts.

21 - 33: Builder

You're getting real value from AI. Now it's time to integrate it into your systems and build things that work without you watching.

Your next move: Chapters 7-9 are your territory. Connect Claude to your tools, automate recurring work, and build something that lives on its own. The **Verification Checklist** will keep your quality high as you scale.

34 - 45: Creator

You're operating at a high level. Your next move is systematizing what you've learned and teaching others.

Your next move: Chapter 10 will help you build your permanent system — prompt libraries, templates, and workflows that compound over time. And consider: you might be the person who brings AI to your team or organization.

Where to Focus

Your total score matters less than your section scores. Look at which category scored lowest — that's where 30 minutes of effort will have the biggest impact. A high total with a zero in Verification is more dangerous than a low total with solid fundamentals.

This assessment maps directly to the chapters of [Creating with Claude: A Practical Guide for Everyone](#). Each score range points you to the chapters that will help you most. Get the book at marquepublishing.com.